



PHYSICAL EDUCATION



Being the best we can be; committed to making a difference.

Confident Me

INTENT - Purpose of Study

It is vital children understand the importance of physical and mental well being, this is woven through many aspects of our curriculum. Our PE programme of study provides children with the opportunity to experience a wide range of activities and build on new skills. We aim for children to develop a long term passion for sport and being active. Children encourage each other to be the best they can be and feel confident to always try their best.

Implementation

PE is taught weekly across the Federation and all year groups. An additional 10 minutes is allocated for DPA (Daily Physical Activity) within each class timetable. To encourage physical activity at lunchtimes, there are dedicated year 5 play leaders who lead activities for their peers to take part in. PE lessons are planned and taught by specialist teachers to ensure consistency across the Federation and clear skills and knowledge progression from the Early Years through to Year 6. Due to our coastal location swimming is prioritised from Year 1 onwards. As small schools we seek opportunities for children to take part in competitive games outside of the Federation. Children participate in a variety of physical activities over their time at the Federation so that they are exposed to many ways to be active.

Impact

Children develop a healthy attitude to making good choices about their physical and mental well being. They feel confident to take part in lessons and competitive games with a 'can do' attitude. Children show good sportsmanship and show respect for all individuals. They achieve a selection of fundamental and transferable skills.

Streams today, oceans tomorrow...

respect

confidence

compassion

truth

curiosity

courage

endurance

