West Berry Federation Allergens																		
	Cearal	Celery	Gluten	Crustaceans	Egg	Fish	Lupin	Milk / Cheese	Mollusca	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Barley	Vegie	Vegan
Baked Beans															/		/	
Beef Burger		/	/		/	/	/	/	/	/	/	/	/					
Bolognaise	/				/												/	
Breaded Fish	/		/			/												
Bun (for Burger)	/		/					/					May				/	
Carbonarra Sauce			/					/										
Cauliflower and Broccoli Bake			/					/										
Cheese (&veg) Pizza			/					/										
Cheese Wheel	/	/	/		/			/	/	/				/			/	
Chicken and Mayo (for Jkt Pot and Tasca)					/					/							/	
Chicken and Vegatable Couscous	/		/															
Chicken Noodle Soup	/		/		/												Without	Chicken
Chicken, Sweetcorn and Mayo (for Jkt Pot)					/					/							/	
Chips																	/	
Chocolate Cake	/		/		/			/									/	
Chocolate Cracknel	/		/					/										
Chocolate Drop Biscuit	/		/					/									/	
Coleslaw (for Jkt)					/					/							/	
Country Garden Crumble																		
Crusty Bread (for soup)	/		/										May					
Custard								/										
Flapjack	/	/															/	
Fruit Bar																		
Fruit Muffin						-						-		-				
Giant Meatballs																		
Gravy	/		/											/	/		/	
Leek and Potato Soup																		
Mash								/										/
Mediterranean Quiche	/		/		/			/										
Muffin Pizza (cheese and tom)	/		/					/					May	/			/	ĺ

New potatos														
Pasta	/		/										/	
Pitta Bread	/		/			May				May	May		-	
Ploughmans (cheese)	/		/			/				May			/	
Ploughmans (ham)	/		/			/				May				
Pork Chop														
Pork Stir Fry & Ginger				/							May			
Potato Wedges	/		/											
Quorn Bolognese														
Quorn Sausages	/		/	/		/							/	
Quorn Stir Fry				/									/	
Rice (long grain)	/		/											
Rice (white and brown)													/	
Roast Beef														
Roast Chicken														
Roast Potatos													/	
Salmon Wheel	/	/	/		/	/	/	/			/			
Sausages (meat)														
Shortcake Biscuit	/		/										/	
Sour cream and Chive (for Jkt)														
Spanish Chicken														
Spanish Omlette				/		/		/						
Stuffing	/	/	/			May						/	/	
Sweet Potato and Lentil curry														
Tasca	/		/									/	/	
Tomato and Basil Soup		/										/	/	
Tomato pasta	/		/			/						/	/	
Tuna (for Jkt Pot)					/									
Veg Roast		/	/	/		/							/	
Vegatable Fajitas (Quorn) Wraps	/		/	/		May				May	May			
Vegatable Nuggets														
Veggie Burgers	/		/			/							/	
Vegtable Soup		/										/	/	
Vegtable Tart	/	/	/	/		/		/			/		/	
Yogurt						/								
Yorkshire Pudding	/		/	/		/							/	