

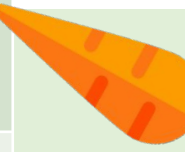
LUNCH MENU – WEEK 1

21st April – 12th May – 9th & 30th June – 21st July – 15th Sept. – 6th Oct.



Available Every Week - Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza	Pasta Bolognese	Sausages & Yorkshire Pudding	Spanish Chicken & Diced Potatoes	Breaded Fish Fillet
Falafel & Salad Wrap	Mediterranean Pasta Bake	BBQ strips	Cheese and Red Onion Wheel with Tomato Pasta	Vegan Sausage Roll
Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Cheese or Beans and Salad	Jacket Potato with Cheese or Beans and Salad	Jacket Potato with Cheese or Beans and Salad	Jacket Potato with Beans or Cheese or Tuna Mayo and Salad
	Ham Sandwich (Wholemeal Bread)		Tuna Mayo and Cucumber Wrap	
Pasta, Sweetcorn & Fresh Carrot Sticks	Peas, & Carrots	Roast or Mash Potato, Seasonal Vegetables & Gravy	Sweetcorn or Green Beans	Chips or Pasta, Baked Beans or Peas & Tomato Ketchup
Pancakes & Syrup	Fruit Jelly	Frozen Yogurt	Iced Farmhouse	Banana Flapiack





LUNCH MENU – WEEK 2



28th April – 19th May – 16th June – 7th July – 1st & 22nd Sept. – 13th Oct.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac Cheese with Garlic Bread	Chicken, Ham & Leek Pie	Roast Chicken & Stuffing	Beef Lasagne with Crusty Bread	Salmon Nuggets
Vegan Sausage & Herby Diced Potatoes	Cheese Pizza Baguette	Lentil Loaf	Pesto Pasta	Vegetable Nuggets
Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese or Tuna Mayo and Salad
	Ham Sandwich (Wholemeal Bread)		Sausage Roll	
Peas or Salad	Homemade Wedges, Mixed Vegetables or Salad	Roast Potatoes, Fresh Seasonal Vegetables & Gravy	Sweetcorn or Salad	Chips or Pasta, Peas or Salad & Tomato Ketchup
Fruit Smoothie	Fresh Fruit Platter	Pineapple Cake	Cookie & Juice	Chocolate & Blueberry Cake





LUNCH MENU – WEEK 3



5th May – 2nd June & 23rd – 14th July – 8th & 29th Sept – 20th Oct.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Cheese Quiche & New Potatoes	Chicken & Butternut Squash Curry & Wholegrain Rice	Roast Gammon & Pineapple	Hot Dog in a Finger Bun	 Breaded Fish Fillet
 Super Duper Noodles	Chickpea and Butternut Squash Curry & Wholegrain Rice	Summer Vegetable Crumble	Veggie Sausage in a Finger Bun	 Vegetable Nuggets
 Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese and Salad	Jacket Potato with Beans or Cheese or Tuna and Salad
	Pizza Muffin		Cheese Sandwich (Wholemeal Bread)	
 Sweetcorn & Peas	Mixed Vegetables	Roast Potato, Seasonal Vegetables & Gravy	Potato Wedges, Baked Beans & Green Beans	 Chips or Pasta, Peas or Carrot Sticks & Tomato Sauce
Fruit Crunch Pot	“ABC” Cake	Ice Cream Pots	Cookie & Milkshake	Chocolate Brownie