



Berrynarbor Summer Menu 2024



Week 1					
Day	Option 1	Option 2	Option 3	Pasta	Dessert
Mon	Homemade Pork and Beef Meatballs, rice Tomato and herb sauce (optional) Peas or Mixed salad	Vegetarian Meatballs Tomato and herb sauce (optional) Peas or Mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Fresh Fruit Platter
Tues	Chicken Noodles Fresh broccoli /sweetcorn Mixed salad	Vegetable Noodles Fresh broccoli/sweetcorn Mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Homemade Dessert
Weds	Roast loin of pork Roast potatoes. yorkshire pudding, seasonal vegetables, gravy	Homemade Vegetable Plait Roast potatoes. yorkshire pudding, seasonal vegetables, gravy		<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Vanilla ice cream. Dairy & soya free ice cream available
Thurs	Mac 'n' cheese Garlic bread, mixed vegetables or mixed salad	Nut/ dairy free pesto pasta Garlic bread, mixed vegetables or mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i>	Fresh fruit platter
Fri	Fish Fingers Chips baked beans, sweetcorn or mixed salad	Vegetable fingers Chips baked beans, sweetcorn or mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Chef's surprise dessert
Week 2					
Day	Option 1	Option 2	Option 3	Pasta	Dessert
Mon	Local butcher's beef burger in a bun Homemade potato wedges, tomato ketchup Baked beans, sweetcorn or mixed salad	Veggie burger in a bun Homemade potato wedges, tomato ketchup Baked beans, sweetcorn or mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Fresh Fruit Platter
Tues	Homemade pizza pinwheels Homemade diced potatoes, sweetcorn or mixed salad	Homemade magic soup with freshly baked bread & butter Homemade diced potatoes, sweetcorn or mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Fresh Fruit Platter
Weds	Roast chicken Roast potatoes. yorkshire pudding, seasonal vegetables, gravy	Roast quorn fillet Roast potatoes. yorkshire pudding, seasonal vegetables, gravy		<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Homemade Dessert
Thurs	Beef bolognaise Spaghetti, garlic bread, mixed vegetables or mixed salad	Quorn bolognaise Spaghetti,garlic bread, mixed vegetables or mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i>	Mousse
Fri	Cod bites Chips baked beans, sweetcorn or mixed salad	Vegetable nuggets Chips baked beans, sweetcorn or mixed salad	<i>Tuna with or without mayo</i> <i>Cheese/ baked beans</i>	<i>Tuna Cheese</i> <i>Nut/dairy free pesto</i>	Chef's surprise dessert

Gluten free/ dairy free/soya free options will always be available for every meal but may differ from the menu.

All homemade cakes and biscuits are dairy free and available gluten free. Custard will also be available in dairy free form.