

# LUNCH MENU – WEEK 1

3<sup>rd</sup> & 24<sup>th</sup> Nov. – 15<sup>th</sup> Dec. – 19<sup>th</sup> Jan. – 9<sup>th</sup> Feb. – 9<sup>th</sup> & 30<sup>th</sup> Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

Meat Free Monday	Tasty Tuesday	Roast it up Wednesday	Treat yourself Thursday	Finish it off Friday
Margherita Pizza & Pasta	(NEW)Butchers Pork Meatballs in Tomato Sauce with Spaghetti	Roast Turkey & Stuffing with Roast Potatoes	Big Brunch, Sausage, Bacon & Omelette	Jumbo Fish Finger
(NEW)Veggie Patty & Pasta	(NEW)BBQ Super Duper Noodles & Quorn Strips	(NEW)Broccoli & Cheese Stuffed Jacket Potato	Veggie Brunch Sausage & Omelette	Vegetable Nuggets
Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Mixed Vegetables	Green Beans or Sweetcorn	Seasonal Veg. & Gravy	Chopped Tomatoes or Baked Beans, Mushrooms & Hash Browns	Chips or Pasta, Sweetcorn or Peas & Tomato Sauce
	Cheese & Tomato Sandwich	Tuna & Cucumber Wrap	Ham & Lettuce Sandwich	Pork Sausage Roll
(NEW)Rice Pudding with Strawberry Jam	Mandarin Jelly	Ice Cream	(NEW)Apple/ Apricot Crunch & Custard	(NEW)Toffee Krispies



# LUNCH MENU – WEEK 2

10<sup>th</sup> Nov. – 1<sup>st</sup> Dec. – 5& 26<sup>th</sup> Jan. – 23<sup>rd</sup> Feb. – 16<sup>th</sup> Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

Meat Free Monday	Tasty Tuesday	Roast it up Wednesday	Treat yourself Thursday	Finish it off Friday
Mediterranean Cheesy Pasta Bake	Homemade Chicken Goujons	Toad in the Hole (Sausage & Yorkshire Pudding)	(NEW)Chicken Biryani	Crispy Salmon Wrap with Salad & Mayo
Pizza Muffin & Pasta	Cauliflower Bites	Veggie Roast	(NEW)Cheese & Tomato Pasta	Vegan Sausage Roll
Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
Mixed Vegetables	Herby Diced Potatoes, Peas or Baked Beans	Roast or Mash Potato Seasonal Veg. & Gravy	Sweetcorn or Green Beans	Chips or Pasta, Peas or Salad Sticks
	Cheese & Cucumber Wrap	Sausage Bap	Ham & Lettuce Sandwich	Pork Sausage Roll
Warm Pancakes with Syrup	(NEW)Apple Custard Cake	Cheese, Apple & Crackers	Chocolate Cake & Chocolate Sauce	Fruit Cookie



# LUNCH MENU – WEEK 3

17<sup>th</sup> Nov. – 8<sup>th</sup> Dec. – 12<sup>th</sup> Jan. – 2<sup>nd</sup> Feb. – 2<sup>nd</sup> & 23<sup>rd</sup> Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

Meat Free Monday	Tasty Tuesday	Roast it up Wednesday	Treat Yourself Thursday	Finish it off Friday
(NEW)Rich & Creamy Special Mac Cheese	Butchers Sausages & Mash Potato	Roast Chicken	100% Beef Burger & Bap	Breaded Fish Fingers
(NEW)Pesto & Spinach Pasta	(NEW)Tomato & Cheese Wheel & Pasta	Quorn Fillet	Veggie Bean Chilli & Rice	Vegetable Nuggets
Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans	Jacket Potato with Cheese, Beans or Tuna
Crusty Bread & Carrots or Green Beans	Baked Beans or Peas & Gravy	Roast Potatoes, Seasonal Veg. Stuffing & Gravy	Tomato Pasta, Peas or Sweetcorn	Chips or Pasta, Mixed Veg & Tomato Sauce
	Cheese & Tomato Sandwich	Tuna & Cucumber Wrap	Ham & Lettuce Sandwich	Pork Sausage Roll
Strawberry Mousse	(Steamed) Syrup Sponge & Custard	Oat & Date Cookie with Fruit Juice	(NEW)Iced Apple & Raspberry Cake	(NEW)Vegan Chocolate Brownie