



Berrynarbor Winter Menu 2023/24



Week 1				
Day	Option 1	Option 2	Option 3	Dessert
Monday	Homemade Sausage Roll Crispy diced potatoes. Baked beans Sweetcorn or mixed salad	Homemade Veggie Sausage Roll Crispy diced potatoes. Baked beans Sweetcorn or mixed salad	Jacket potato with cheese or tuna Served with salad <i>Plain pasta with cheese or tuna</i>	Fruit Yogurt & Fresh Fruit
Tuesday	Pasta Carbonara with Bacon Garlic Bread Broccoli and Peas	Cheesy pasta Garlic Bread Broccoli and peas	Jacket potato with beans or cheese Served with salad <i>Plain pasta with cheese or tuna</i>	Chocolate Mousse
Wednesday	Roast Chicken Yorkshire Pudding Fresh Cabbage Fresh Carrots Gravy	Quorn Fillet Yorkshire Pudding Fresh Cabbage Fresh Carrots Gravy	Plain pasta with cheese or tuna	Homemade dessert with custard
Thursday	Pizza Pinwheels Potato wedges Mixed salad or sweetcorn	Pesto Pasta with or without cheese Mixed salad or sweetcorn	Jacket potato with cheese or beans Served with salad <i>Plain pasta with cheese or tuna</i>	Fresh fruit
Friday	Cod bites Chips Garden peas Baked beans Or mixed salad	Vegetable Fingers Chips Garden peas Baked beans or mixed salad	Jacket potato with Tuna, Beans or cheese Served with salad <i>Plain pasta with cheese or tuna .</i>	Homemade dessert
Week 2				
Day	Option 1	Option 2	Option 3	Dessert
Monday	Breaded Chicken Diced potatoes Baked beans Sweetcorn or mixed salad	Breaded Quorn Diced potatoes Baked beans Sweetcorn or mixed salad	Jacket potato with Cheese, Tuna or Beans Served with salad <i>Plain pasta with cheese or tuna</i>	Homemade Biscuit
Tuesday	Minced beef taco Rice Peas or Mixed salad	Quorn mince taco Rice Peas or Mixed salad	Jacket potato with Tuna, Beans or Cheese Served with salad <i>Plain pasta with cheese or tuna</i>	Fruit and custard
Wednesday	Roast Chicken Yorkshire Pudding Fresh Broccoli Fresh Carrots Gravy	Homemade mini Veggie Plait Yorkshire Pudding Fresh Broccoli Fresh carrots Gravy	Plain pasta with cheese or tuna	Homemade dessert
Thursday	Homemade mini toad in the hole Mashed potatoes Mixed vegetables Gravy	Homemade Veggie toad in the hole Mashed Potatoes Mixed vegetables Gravy	Jacket potato with Cheese, Tuna or Beans Served with salad <i>Plain pasta with cheese or tuna</i>	Fresh fruit
Friday	Fish fingers Chips Garden peas Baked beans Mixed salad	Vegetable fingers Chips Garden peas Baked beans Mixed salad	Jacket Potato with Cheese, Tuna or Beans Served with salad <i>Plain pasta with cheese or tuna</i>	Homemade Pudding.

Gluten free/ dairy free/soya free options will always be available.

All homemade cakes and biscuits are dairy free.

Custard will also be available in dairy free form.